

# This Week's National News from Glen Helen!



Check-out yesterday's live feed during pro practice at the track yesterday.

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## National Track Bits from Jody

### The return of the Triple Step-Up

Last week the Glen Helen team worked hard moving dirt around to incorporate Jody Wiesel's 130-foot Triple Step-Up. The result? An insane jump that forces riders into 4th gear coming up to the jump, before launching them full speed through the air.



[Adam Cianciarulo](#) on the Triple Step-Up



Josh Grant flying high on the just-completed 130-foot Triple Step-Up



[Austin Forkner](#) stepping back down

## Fast Lap Times



[Davi Millsaps](#) on his new KTM.

Yesterday's practice had a special PRO-ONLY hour from 11am - 12 pm. The new track layout made an especially exciting practice with the just-completed Triple Step-Up. Growing up as a Southern California local and riding Glen Helen, Josh Grant continues to be in the lead for the fastest lap time for the 4th week running.

- 2:22:04 [Josh Grant](#)
- 2:22:20 [Cole Seeley](#)
- 2:23:00 [Weston Peick](#)
- 2:23:14 [Jeremy Martin](#)
- 2:24:12 [Trey Canard](#)



The JGR Yamaha team came out today with their whole rig.



Baja 1000 champs Mark Samuals and Colton Udall chatting with Glen Helen track manager, Lori.

**Don't miss seeing all of your favorite pro riders at the FMF Glen Helen National May 28**

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