

This Week's National News from Glen Helen!



Check-out yesterday's live feed during pro practice at the track yesterday.

LIKE US

"Like" us on Facebook and catch us again next week - LIVE!

National Track Bits from Jody

The return of the Triple Step-Up

Last week the Glen Helen team worked hard moving dirt around to incorporate Jody Wiesel's 130-foot Triple Step-Up. The result? An insane jump that forces riders into 4th gear coming up to the jump, before launching them full speed through the air.



[Adam Cianciarulo](#) on the Triple Step-Up



Josh Grant flying high on the just-completed 130-foot Triple Step-Up



[Austin Forkner](#) stepping back down

Fast Lap Times



[Davi Millsaps](#) on his new KTM.

Yesterday's practice had a special PRO-ONLY hour from 11am - 12 pm. The new track layout made an especially exciting practice with the just-completed Triple Step-Up. Growing up as a Southern California local and riding Glen Helen, Josh Grant continues to be in the lead for the fastest lap time for the 4th week running.

- 2:22:04 [Josh Grant](#)
- 2:22:20 [Cole Seeley](#)
- 2:23:00 [Weston Peick](#)
- 2:23:14 [Jeremy Martin](#)
- 2:24:12 [Trey Canard](#)



The JGR Yamaha team came out today with their whole rig.



Baja 1000 champs Mark Samuals and Colton Udall chatting with Glen Helen track manager, Lori.

Don't miss seeing all of your favorite pro riders at the FMF Glen Helen National May 28

BUY TICKETS