National Track Bits From Jody

A Straight-Down Drop On Mt. Saint Helens

We caught up with Jody Wiesel from Motocross Action today to discuss the face lift on Mt. Saint Helens. "We decided to straighten the down hill on Mt. Saint Helens. In the past months, the down hill veered to the left to make it more user-friendly. Getting the track ready for the best racers in the world, the 400 ft. mountain now features a down-hill that points straight to the bottom."

Thursday Practice Lap Times

2:05:17	**#33 Josh Grant**
2:07:03	**#34 Phil Niccoletti**
2:07:10	**#37 Sean Cantrell**
2:08:19	**#36 Justin Hill**

Sean Cantrell looks over mid flight to get his lap specs.

Josh Grant riding smooth and showing how it's done.

Broc Tickle taking advantage of the deep loam today.

Father / Son Bonding Moment

Doug Dubach showing his son first hand how to descend and set up Mt. Saint Helen's bottom hard left-turn. What better time to practice than a few weeks from the FMF Glen Helen National!

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