

Glen Helen Now Has A Periscope Channel



@Glenhelenracway live feeds from the track now until the FMF Glen Helen National May 28th. Tune in.... you never know who you might see at the track.

National Track Bits From Jody

Yesterday we talked to Jody Weisel from Motocross Action Magazine. Here are some things to get ready to look forward to...



- The 100 ft. Triple Step Up will be making a return to the National track design.
- Sand will be hauled in once again to add sand whoops to the grand stand straight.
- A view-tiered design is being implemented into the grandstand viewing area for maximum viewing potential.

Thursday Practice Lap Times



1.51.62 #33
1.52.90 #42 250
1.54.44 #13 250

[Josh Grant](#)
[Mitchell Oldenburg](#)
[Jessy Nelson](#)

Catching Up with Mike Alessi



>>> [Read the full interview from Motocross Action](#)

#NationalTreasure



Starting next week we will be dropping Gen Helen treasure boxes all over So Cal. Whats in the boxes??? Follow us Facebook, Instagram and Twitter to find out.

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